**Favorite Gratitude Quotes**

1. *"Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today and creates a vision for tomorrow."****Melody Beattie***
2. *"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."****John F. Kennedy***
3. *"We can only be said to be alive in those moments when our hearts are conscious of our treasures."****Thornton Wilder***
4. *"At times, our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us."****Albert Schweitzer***
5. *"The deepest craving of human nature is the need to be appreciated."****William James***
6. *"If the only prayer you ever say in your entire life is thank you, it will be enough."****Meister Eckhart***
7. *"Gratitude, warm, sincere, intense, when it takes possession of the bosom, fills the soul to overflowing and scarce leaves room for any other sentiment or thought."****John Quincy Adams***
8. *"Let us swell with gratitude and allow it to overwhelm us. It isn't as cliché as we make it; life truly is short. Let's spend it all lavishly wallowing in gratitude."****Grace Gealey***
9. *"Some people grumble that roses have thorns; I am grateful that thorns have roses."****Alphonse Karr***
10. *"Happiness cannot be traveled to, owned, earned, worn or consumed. Happiness is the spiritual experience of living every minute with love, grace, and gratitude."****Denis Waitley***
11. *"I don't have to chase extraordinary moments to find happiness - it's right in front of me if I'm paying attention and practicing gratitude."****Brene Brown***
12. *"Often people ask how I manage to be happy despite having no arms and no legs. The quick answer is that I have a choice. I can be angry about not having limbs, or I can be thankful that I have a purpose. I chose gratitude."****Nick Vujicic***
13. *"Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough."****Oprah Winfrey***
14. *"Gratitude is one of the greatest gifts we can give. And it's not a gift we often give to children. We expect it of them, but we don't necessarily give it back."****Jason Reynolds***
15. *"Piglet noticed that even though he had a Very Small Heart, it could hold a rather large amount of Gratitude."****A.A. Milne, Winnie-the-Pooh***